## I wonder . . .

I'm wondering if your team would be interested in gauging its emotional culture. True Course can help do this in all or part of your organization and get immediate results with only a small investment of time from participants and **no financial outlay for the service**.

You can walk away from the experience with valuable information for you and your team to act on right away or save for future use. The technology is by Genos, a global organization based in Melbourne, AU, for which I am a certified practitioner.

## Here's how it works.

- 1. You choose the participants. We can customize the survey by department, team, region, or a particular demographic or group.
- 2. We issue a link to those participants to access the assessment questionnaire.
- 3. Participants complete a fully anonymous 5-minute survey that will ask:
  - a. How often they experience certain feelings at work.
  - b. How often they think it's fair and reasonable to experience these feelings at work, given the workplace's nature and context.
  - c. How often they think you should ideally experience these feelings in the workplace to be effective.
- 4. Participants can also provide any written feedback they would like to include with their responses.
- 5. We aggregate the responses to the questions, so no response is attributed to any individual. Any written comments provided will appear verbatim in the report but are not attributed to any individual. No information identifying any individual is visible in the report.
- 6. We report the results to the supervisor, and the team, as desired. The report is in the form of graphs like those attached.

## What Now? You decide.

At this point, we can talk more about how you can use the Emotional Culture Index to understand the emotional culture of your organization and manage it more effectively. We can also identify concrete steps for addressing any challenges you may be facing in your organization. The Emotional Culture Index helps us see what is and what can be.

There is more.



## After the Emotional Culture Index

Should you be interested, we can create and implement a strategy to increase your organization's emotional intelligence and create the best possible version of the culture you want. This can include

- Individual Assessments
  - Emotional intelligence assessments for participants in a self-report, 360° protocol, or 180° protocol.
  - Ninety minutes of debriefing of individual participant's reports.
- Concrete **strategies** for development.
- Debriefing for your team as a whole based on individual assessments.
- A post-intervention assessment to see how we did.

As needed, we can implement **coaching** for individuals who may benefit from accelerated growth in emotional intelligence.

## Let's Get Started

Would information from the Emotional Culture Index **benefit** you and your team for growth and improving employee engagement? We can visit for 15-30 minutes by phone to discuss the possibilities, answer your questions, and provide additional details. You can use this link to book a time, and I'll be excited to visit with you. <a href="https://calendly.com/jmichaelgodfrey/phone30">https://calendly.com/jmichaelgodfrey/phone30</a>

I look forward to hearing from you!

J. Michael Godfrey, DMin, PhD, PCC

## References:

https://news.gallup.com/poll/241649/employee-engagement-rise.aspx

https://www.gallup.com/workplace/313313/historic-drop-employee-engagement-follows-record-rise.aspx

Boedker C., Vidgen R., Meagher K., Cogin J., Mouritsen J., and Runnalls J. M. (2011). *Leadership, Culture and Management Practices of High Performing Workplaces in Australia: The High Performing Workplaces Index*. Sydney, AU: University of New South Wales.





# **Emotional Culture Index**

**SURVEY REPORT** 



Test

5 February 2021

genos

 ${\it Game\ changing\ for\ business,\ life\ changing\ for\ people}$ 

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The information contained is sensitive, private and confidential. Every effort should be made to ensure that this report is stored in a secure place, provided only to the intended recipient(s) and used only for its express purpose. The survey and this report were designed by Genos International based on sound scientific theory and research. The results presented in this report are, however, based on individual raters' views. As such, Genos International makes no warranties regarding the accuracy or reliability of the results. No advice or information contained in this report shall create any warranty not expressly stated herein. No person(s) should act or fail to act on the basis of the results contained in this report. Intended recipients should consult professional advice about any matter affecting them.

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## **Population Information**

GROUP DESCRIPTION: Test

Survey Responses

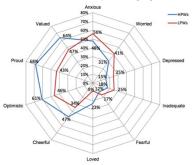




## **INTRODUCTION**

We all experience a wide range of pleasant and unpleasant feelings at work as we interact with colleagues, customers, suppliers and others. These feelings influence our decisions, behavior and performance in interesting ways. Pleasant feelings have a 'broaden and build' effect causing us to think more broadly, engage more deeply and perform better. Unpleasant emotions tend to have a 'narrow and limiting' effect, causing us to be more closed-minded, less engaging and poorer at performing.

At a collective level these emotions impact the bottom line. In high performing organizations people experience more pleasant emotions and less unpleasant emotions than those in low performing organizations as shown in the diagram below.



HPWs = High Performing Workplaces LPWs = Low Performing Workplaces

Boedker, C. et al. (2011). Leadership, culture and management practices of high performing workplaces in Australia: The high performance workplace index.

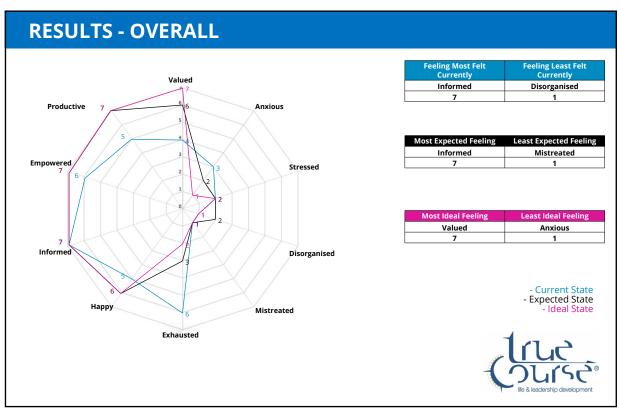
The Emotional Culture Index has been designed to measure three dimensions of emotions at work:

- How often your people experience certain feelings at work,
- How often your people think it's fair and reasonable to experience these feelings at work given the nature and context of your workplace, and
- How often your people think they should ideally experience these feelings in your workplace in order to be effective.

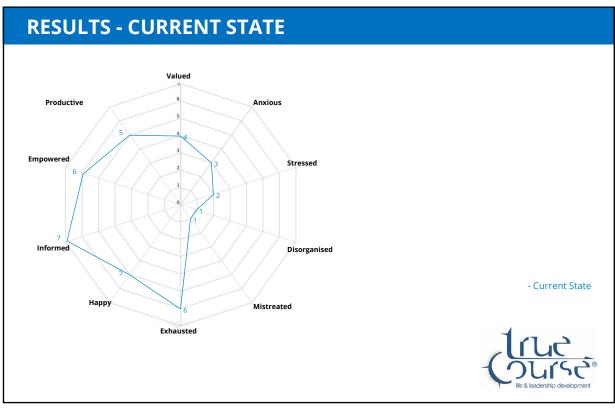
Your results together with any written feedback provided by your people are included herein.





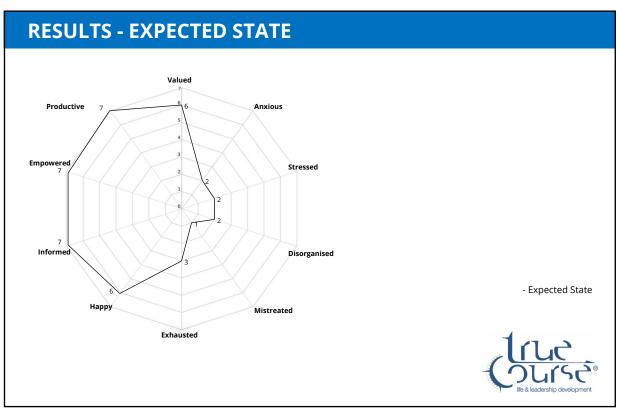


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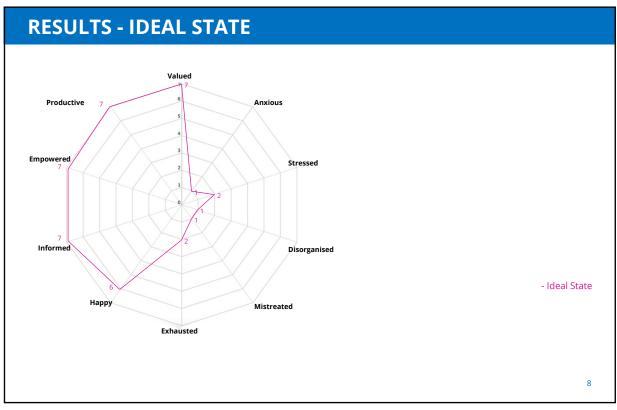




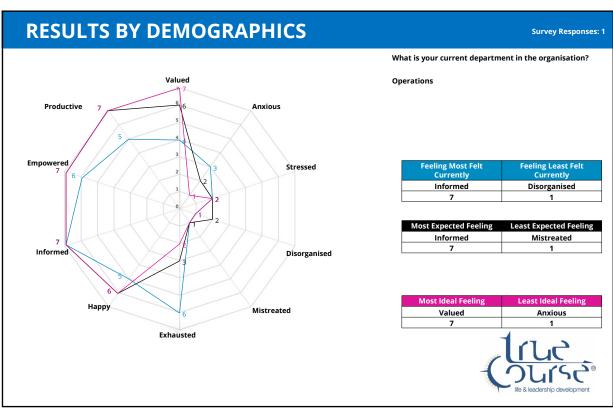
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