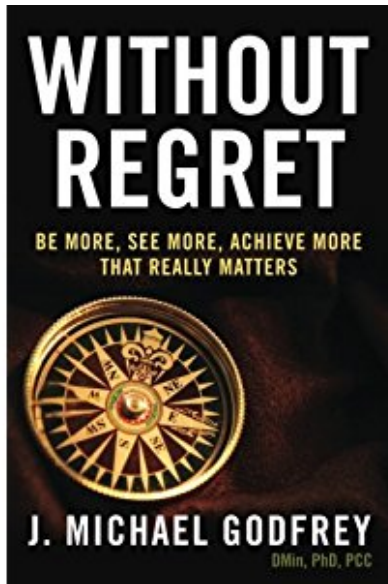




Readers' Favorite[®]

Book Reviews and Award Contest

Book Review Mini-Critique



Below you will find ratings (scale of 1-5) with descriptions for the major parts of your book followed by your Readers' Favorite review. Although these are general ratings we hope they will give you an insight into how others may view the different components of your book.

These are the opinions of your reviewer, and although your reviewer is not an expert literary critic or professional editor, they are at the very least, an avid reader of books just like yours.

Title: Without Regret
Subtitle: Be More, See More, Achieve More That Really Matters
Author: J. Michael Godfrey
Genre: Non-Fiction - Self Help

Appearance: The appearance of a book can make a significant impact on the experience of a reader, whose enjoyment is often enhanced by an enticing cover, an intriguing table of contents, interesting chapter headings, and when possible, eye-catching illustrations.

4

Plot: The characters of a book should be well defined with strengths and flaws, and while they do not have to be likable, the reader does have to be able to form a connection with them. The tone should be consistent, the theme should be clear, and the plot should be original or told from a unique perspective. For informative books -- those without plot and characters--this rating refers primarily to your concept and how well you presented it.

5

- Development:** Development refers to how effectively you told your story or discussed your topic. The dialogue should be realistic, the descriptions should be vivid, and the material should be concise and coherent. Organization is also a key factor, especially for informative books -- those without plot and characters. The order in which you tell your story or explain your topic and how smoothly it flows can have a huge impact on the reader's understanding and enjoyment of the material.
- 4**
- Formatting:** Formatting is the single most overlooked area by authors. The way in which you describe scenes, display dialogue, and shift point of view can make or break your story. In addition, excessive grammatical errors and typos can give your book an amateurish feel and even put off readers completely.
- 5**
- Marketability:** Marketability refers to how effectively you wrote your book for your target audience. Authors may include content that is above or below the understanding of their target reader, or include concepts, opinions or language that can accidentally confuse or alienate some readers. Although by its nature this rating is very subjective, a very low rating here and poor reviews may indicate an issue with your book in this area.
- 5**
- Overall Opinion:** The overall starred rating takes into account all these elements and describes the overall reading experience of your reviewer. This is the official Readers' Favorite review rating for your book.
- 4**

Review:

Reviewed by Gisela Dixon for Readers' Favorite

Without Regret: Be More, See More, Achieve More That Really Matters by J. Michael Godfrey is a book on managing and overcoming the common feeling of regret that most people feel at least some time in their lives. Without Regret is structured into a few parts so that each part deals with understanding the true meaning of regret, defining and understanding yourself to know what you want and what you are, then taking appropriate action as necessary to avoid and minimize the feelings of regret and lost opportunities, and lastly, how to live graciously with regret and a change of perspective on this feeling. Each of these broad categories contains several chapters, each dealing with a unique facet of this universal issue of regret. There is also a list of references at the end, as well as notes and brief questionnaires throughout the book that are meant to help the reader on this journey.

The topic of regret is quite universal and this is a good attempt to try to break it down and help people to minimize and overcome regret to live happy and fulfilled lives. The writing is quite engaging and straightforward and lays down in clear language the rules and techniques for leaving regret in the past and moving on to the future. The one thing I wish were different about this book is less reference to a specific religion in any form. This is a subject that applies to everyone and to narrow it down under Christian teachings or examples is to do a disservice to the universal audience. Still, apart from this one aspect, this will be a useful read for many people.